

Parent Ambassador Leaders (PALs) Program
Frequently Asked Questions: Before You Apply

Eligibility & Application	
Question	Answer
Who is eligible to apply to the PALs Program?	Any parent or guardian of a TK-12 student enrolled in a Los Angeles County school can apply. For more details, see the PALs Program Overview linked on our website (TinyURL.com/DPHPALs)
Is the PALs program open to grandparents or other family members?	Yes, grandparents or other family members can apply if they are the legal guardian of a TK-12 student.
Can a parent with disability apply?	Yes. Parents and guardians with disabilities are welcome to apply. The PALs Program Team will work with you to provide reasonable accommodations.
Does the PALs program require legal status or social security documentation?	No. The PALs program does not collect social security numbers or proof of legal status. All parents and guardians are welcome to apply.
Do I need public health experience to participate?	No. You do not need any public health knowledge or experience to apply. We welcome all interested parents and guardians.

Application Process	
Question	Answer
If I apply, am I automatically selected?	No, an application does not mean you are automatically in the program. The PALs Program Team requires approval from your school administrator and there is a limit to the number of PALs accepted to the program.
Who is a school administrator?	School administrators include principals, assistant principals or other school personnel designated to approve parent participation.
What does my school administrator need to submit to approve my participation?	After you apply, the PALs Program team will email a verification form to your school administrator. The school administrator must complete the form to approve your participation.
Can more than one parent per household apply?	Yes. Each parent must complete their own application and be approved by the school administrator.
Is there a limit per school of how many parents can apply/participate in the PALs program?	Yes. Up to 5 parents can participate in the program at each school site. We encourage PALs at the same school to work together.
How long will it take to hear back after I apply?	<p>The PALs team reviews applications and contacts school administrators each week.</p> <p>How long it takes to hear back depends on how quickly your school administrator fills out the form. If you don't hear back within 10 business days, we suggest checking in with your school administrator.</p> <p>If your participation is approved and you're selected, the PALs team will send you an acceptance letter by email.</p>



Program Format & Requirements	
Question	Answer
Is the program in person or virtual?	All PALs trainings are held virtually. Some parts of the program require you to be at your child's school in person. For more details, see the PALs Program Overview linked on our website (TinyURL.com/DPHPALs)
What are the program requirements?	<p>PALs must complete about 30 hours of activities during the program. The program includes two parts:</p> <ul style="list-style-type: none"> • LEARN (virtual trainings) and • SHARE (activities at your child's school) <p>A full list of requirements is in the PALs Program Overview linked on our website (TinyURL.com/DPHPALs)</p>

Stipend and Payment	
Question	Answer
How do PALs get paid?	<p>PALs can earn up to \$750 in e-credit by completing program requirements and submitting all required documents by specific deadlines within the school year.</p> <p>PALs can redeem this e-credit for gift cards to many popular stores. E-credit can be split across multiple vendors/stores.</p> <p>Please note: Visa gift cards are not available.</p>

